

## SUGGESTED PACKING LIST

### Carry On Luggage (1 piece)

- passport, driver's license (some second form of picture ID), and whatever cash you are taking (no need to take a lot of money and/or traveller's checks)
- change of clothes and swimsuit (in case your luggage is lost)
- toiletries and any medications (Imodium, Pepto Bismal, sleeping pills for plane, Tylenol, contact solution, nose spray, vitamins)
- sunscreen/bug repellent
- anti-bacterial hand washing gel (Purell)
- camera, film, and batteries
- Bible, journal, pen
- something to do or read on the plane
- Portuguese word and phrase list
- e-mail list of supporters, prayer partners, family, and friends in case you want to update them while you are in Brazil (hotel should have internet connections)
- snack food (fruit bars, nuts, peanut butter/cheese crackers)
- travel pillow

### Checked Luggage (2 pieces/70 lbs. each - max.)

- at least one extra pair of shoes for the week - think comfort (flip flops, sandals, etc. are also suggested)
- hat, bandana, "do-rag" or other headgear
- church clothes for Sunday - khakis and knit shirt for men, nice pants or skirt for women
- lots of socks and underwear - it is hot and you will sweat
- shorts and t-shirts for VBS (clothes you do not mind getting dirty)
- extra shorts and t-shirts for changing into after working/playing with the children
- snacks (granola bars, beef jerky, candy, dried fruit, ... stuff that is easy to pack)
- backpack (use to pack personal items in to take with you each day - water bottle, snacks, bug spray, clothes, etc)
- photo's of family, house, pets, and/or other things you can share with the kids to show them more about you since it's difficult to communicate due to the language barrier (maybe do a little photo album and they'll probably want photos of you, so try to bring pictures you can leave down there)
- soap and shampoo for shower in hotel (hotel supplies are not the best)

\*do not bring your entire wallet/purse contents with you in case it gets lost or stolen. All you really need is your passport, TDL/picture ID, a little cash for incidentals/shopping, and maybe a credit card for an emergency. Leave your other cards (gas, Sam's, Blockbuster, Costco, Foley's, etc.), address book, checkbook, and other assorted pieces of paper at home.

\*\*do not bring expensive jewelry or electronics, other than what you plan on wearing or having with you every day. You can lock things in the hotel safe, but a good rule of thumb is do not bring anything you cannot stand to lose.

\*\*\*remember, we are on the Brazilian coast in the summer, so it's hot, humid, and can be rainy, so no need for nice clothes, Tommy Bahama outfits, or anything that requires ironing. This is a flip flop, shorts, t-shirt, and baseball cap kind of place... Now, we go out for a nice dinner a couple of times and do a little sightseeing, so it is fine to bring a set of decent shorts/shirt/skirt to wear, but for the most part it is very casual.

\*\*\*\*with regard to luggage, please keep in mind that American Airlines weight restrictions are 70 lbs. for checked baggage (be sure to confirm before you leave). If the baggage is over 70 lbs, it is \$100.00. The plan is for each of us to check two (2) bags - one with your personal belongings in it and the other will be filled with VBS supplies, clothes and toys for the children, and ministry necessities. Between your carry on and checked bag, you should be able to get everything you need packed. VFC will supply you with the bag to pack the ministry items in, if you do not have one, so do not worry about that issue.

\*\*\*\*\*make two (2) copies of passport, TDL, and credit card cancellation information (on back of card) and leave one at home with somebody you can call and keep the other copy in the hotel safe in case the originals are lost or stolen.

\*\*\*\*\*when you go through immigration services at the airport upon arrival, you will be given a carbon copy from one of your entry forms that you will need in order to re-enter the United States, so be sure to put it in a safe place and hang onto it.